

Impact Report

SPRING 2026



One in five children struggle with a mental health or learning disorder, yet 50% of children with a diagnosis aren't receiving the help they need. Through early identification and effective treatment, we can turn these children's lives around.

The Child Mind Institute is the leading national nonprofit dedicated to transforming the lives of children and families with mental health and learning disorders. We pioneer discoveries about the developing brain, deliver expert clinical care, and improve access to evidence-based interventions through far-reaching school, community, and public education programs.

Thanks to our supporters, we've had an extraordinary impact since our founding in 2009:



We have reached more than **2.2 million children** through clinical care, research evaluations, and school-based programs.



We have engaged over **2.3 million** students, parents, teachers, and mental health professionals through our School and Community Programs.



Our clinicians have treated **18,950+ patients** from **45 nations, 49 states,** and **Washington, DC.**



More than three-quarters of the children we serve receive free or reduced-cost services through financial aid for clinical care, school mental health services in high-need communities, and/or free diagnostic evaluations from our Healthy Brain Network.



The **Healthy Brain Network** has enrolled **8,780+ children** to receive diagnostic evaluations at no cost.



Over 1.9 million people follow us on social media for stigma-busting and evidence-based information.



We have provided education and training to **147,780+ educators, caregivers, and school staff** so that they can support students struggling with mental health and learning needs.



Over 6.3 million people have gained insight into a child's behavior using our online Symptom Checker.



Researchers in **3,350+ cities worldwide** have published **1,280+ articles** using our open science data sets.



Up to **2.5 million parents and educators visit childmind.org each month** to access credible information for their children.

News from the Child Mind Institute



Program Updates

The Child Mind Institute has officially opened the doors of the **Bubrick Center for Pediatric OCD**, focused on expanding clinical services for patients and families with obsessive-compulsive disorder (OCD) and related disorders. This new center will expand access to evidence-based OCD treatment through dedicated financial aid, train and mentor the next generation of OCD specialists, and drive clinical innovation in OCD treatment. The Center carries on the legacy and vision of Child Mind Institute master clinician Dr. Jerry Bubrick.

In August, 640 California teens from the second cohort of the **Youth Mental Health Academy** (YMHA) officially graduated from the 14-month program. Together with the 118 graduates from Cohort 1, 754 students have now completed the program, contributing over 100,000 hours of classroom learning, delivering more than 200 capstone projects, engaging in thousands of near-peer mentoring sessions, and completing internships with over 100 organizations.

This summer also marked the completion of our 2025 **ADHD Summer Program**. Over the course of four weeks, 60 children — our largest cohort to date — participated in a structured, evidence-based program designed to help them build confidence, strengthen emotional regulation, and prepare for the school year ahead. The program concluded with a graduation ceremony and carnival celebration, generously sponsored by Morgan Stanley, honoring each child's extraordinary progress.



Spreading Awareness

In April, our team hosted a panel discussion at **SXSW EDU** in Austin, Texas, titled "Mental Health Fitness." The panel focused on a simple but powerful idea: mental health, like physical health, can be developed and strengthened with the right skills and support. We discussed how integrating practical mental health fitness skills into school environments can help students better manage stress and navigate everyday challenges. SXSW EDU provided an important platform to advance the growing movement to make mental health a core part of how we support children in schools.

Our Emmy-nominated *Healthy Minds, Thriving Kids Pre-K* series was recently named a **Gold Winner at the 5th Annual Anthem Awards** in the Education, Art & Culture — Awareness category. The Anthem Awards honor social impact across areas such as education, health, and equity. This recognition highlights the program's growing impact on young children and their families, equipping them with essential skills to understand feelings, build resilience, and thrive in their earliest years and beyond — all against the backdrop of the musical world of Hedgehog Land.

Our 2025 **Back-to-School campaign** included advertising across 9 billboards and 6 transit shelters in Los Angeles, San Francisco, and San Mateo counties. Online, our new "Back-to-School Resources" hub drew over 1,200 visits from parents and educators, and press coverage on TODAY.com, NBC Bay Area, and SiriusXM amplified our reach.



Recent Events

In April, we hosted the annual **SoFi | Child Mind Institute Golf Invitational** at The Olympic Club in San Francisco. More than 100 supporters and celebrity golfers showed up to raise \$635,000+ to support our mission. The day concluded with a program emceed by Emmy-winning journalist Raj Mathai and featured a powerful and personal conversation with Olympic gold medalist Brian Boitano, who spoke about the importance of mental health in sports and beyond.

In November, the Child Mind Institute hosted our **2025 Child Advocacy Award Dinner** at Cipriani 42nd Street — a record-breaking evening that brought together nearly 1,000 guests and raised more than \$11.2 million, the highest total in our organization's history. We were proud to honor Adam Smith and KKR for their leadership in supporting children's mental health, with actor Orlando Bloom serving as the evening's emcee. A highlight was 8-year-old patient Merrick, who shared his experience in our ADHD Summer Program and had the entire room laughing.

In December, we hosted our 15th annual **On the Shoulders of Giants Scientific Symposium**. Centered around the theme "Saving Young Lives, Reaching Every Community," this year's program focused on the scientific advances enabling us to predict and prevent suicide and self-harm. The symposium, which drew more than 5,000 registrants, honored Matthew Nock, PhD, and featured an expert panel discussion.

The Child Mind Institute is dedicated to transforming the lives of children and families experiencing mental health and learning disorders through excellence in science, care, and education. We've become the leading independent nonprofit in children's mental health by providing gold-standard evidence-based care, delivering educational resources to millions of families each year, training educators in underserved communities, and developing tomorrow's breakthrough treatments. Together, we are transforming children's lives. Support us at childmind.org/donate.